



# Visiting Your Loved One



COVID-19 is a very contagious illness. It spreads quickly from one person to another through contact and droplets. We have done our very best to keep your loved ones and those caring for them protected and safe which unfortunately meant closing to visitors. This has been a challenging and stressful time for everyone.

It is important to consider the safest way to begin visits again. Please know we all have a role to play in responding to the pandemic and each of our actions has an impact on many other people.

## **What to expect regarding your visit:**

### **Indoor visits occur in the Elder's suite only.**

Each Elder can have two designated visitors (family members/support workers) to assist with their care during indoor visits.

- When coming inside the Home family members/support workers will be subject to screening, hand hygiene, and will be required to wear a mask and protective eye wear at all times during your visit. Please answer all screening questions honestly.
- For outdoor visits physical distancing must be maintained at all times. Masks are not required, but strongly encouraged.
- You must maintain social distancing amongst co-elders and staff on the way to your loved one's suite.

## Your responsibilities as a visitor:

- Respect the guidelines that have been put in place. Please ask if you do not understand them. Anyone not following the guidelines will not be permitted in the Home.
- When you arrive to your loved ones suite and they are not in the room-please pull the call bell and a team member will answer and bring your Elder to you. Also pull the call bell if you wish to speak to a team member. They will come to you and speak in the suite..
- When your visit concludes, leave the home immediately.
- Do not visit other Elders, staff or fellow visitors while in the Home.
- Be considerate and respectful when interacting with individuals as this is a very stressful time for everyone.

## Things to remember:

- All items brought in to the Home must be disinfected per our Infection Prevention and Control measures before being taken to the suite.
- Please wear clean clothing to your visit. Minimize jewelry and accessories e.g. purses, jackets (you may want to leave these items in your vehicle). The fewer items you bring, the lower the risk of virus transfer.
- You will be provided with a disinfectant wipe. Please wipe items such as a cell phone before handing to an Elder. At the end of your visit, disinfect all surfaces you touched in the suite during your visit.

# How to Handrub

RUB HANDS FOR 20 SECONDS



1  
Apply 1 to 2 pumps of product to palms of dry hands.



2  
Rub hands together, palm to palm.



3  
Rub in between and around fingers.



4  
Rub back of each hand with palm of other hand.



5  
Rub finger-tips of each hand in opposite palm.



6  
Rub each thumb clasped in opposite hand.



7  
Rub hands until product is dry. Do not use paper towels.



8  
Once dry, your hands are safe.