

WESTERN CANADA MENU Spring/Summer 2025						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			Breakfast			
RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST
Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices
Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat
Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety
Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin
Egg	Egg	Egg	Egg	Egg	Egg	Egg
Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea

Lunch						
Creamy Squash soup	Chicken vegetable Barley soup	Cream of celery soup	Homestyle Turkey vegetable soup	Cream of mushroom Soup	Italian Wedding soup	Fiesta chicken chowder
Corned beef hashbrown casserole	Cottage cheese fruit plate	Chicken strips/plum sauce	Pizza of choice	Taco Salad	Pancakes/bacon strips	Hot Dog on Bun
tossed salad	Fruit extreme muffin	Poutine gravy/cheese curds Lettuce Salad/french dressing	Mandarin spinach salad/balsamic dressing	Garlic Bread	Syrup/Strawberry Sauce	Caesar Salad
Mandarin oranges	Lemon Jello/topping	Crushed pineapple	Fruit cocktail	Blueberries	peaches	Fresh watermelon
OR	OR	OR	OR	OR	OR	OR
Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs

PM SNACK						
Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested
Chocolate chip cookies	ginger snap cookies	pumpkin cookies	oatmeal raisin cookies	sugar cookies	Peanutbutter cookies	assorted cookies

Dinner						
Country style fried chicken	Turkey a la king	Salisbury Steak/gravy	Farmers sausage	Thai curry chicken thigh	Turkey mashed potato casserole	Roast beef/gravy
Garlic mashed potatoes	Broad noodles	Paprika Potatoes	scalloped potatoes	fluffy rice		Mashed Potatoes
Cocktail vegetables	Peas	Broccoli Florets	Green Beans	Asian blend veggies	Eurogold vegetables	Prince edward Vegetables
Chocolate mousse	Icecream Sandwich	Caramel cheesecake	Apple crisp	Chocolate brownies	Rice Pudding	Blueberry tarts
OR	OR	OR	OR	OR	OR	OR
Swedish meatballs	Pork cutlet	Lemon pepper sole	chicken pot pie	Hawaiian ham	Baked chicken breast	Honey marinated pork loin

June 2-8

June 23-29

July 14-20

Aug 4-10

Aug 25-Aug 31

Sept 15-21

Oct 6-12

X _____
Food Services Manager

X _____
Administrator

X _____
Dietitian