

**WESTERN CANADA SPRING/SUMMER 2021**

**WEEK 2**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>						
RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST
Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices
Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat
Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety
Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin
Egg	Egg	Egg	Egg	Egg	Egg	Egg
Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea
<b>Lunch</b>						
Tomato & Macaroni Soup	Chicken Vegetable Barley Soup	Cream of Celery Soup	Turkey Rice Soup	Cream of Mushroom Soup	Italian Wedding Soup	Fiesta Chicken Chowder
Egg & Cheese Bake	Cottage Cheese Fruit Plate	Crispy Breaded Chicken	Pizza of Choice	Beef Taco Salad	Hot Dog on Wheat Bun	Pancakes
Green Peas		Poutine	Spring Mix Lettuce Salad		Potato Salad	Fruit Salad
Orange Sections	Blueberries	Crushed Pineapple	Fruit Cocktail	Mandarin Oranges	Chilled Diced Peaches	Pudding
OR	OR	OR	OR	OR	OR	OR
Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs
<b>PM SNACK</b>						
Beverage as Requested Fresh Grapes	Beverage as Requested Blueberry Super Grains Cookie	Beverage as Requested Chocolate Chip Cookie	Beverage as Requested Oatmeal Date Cookie	Beverage as Requested Fig Newton Cookie	Beverage as Requested Fresh Fruit	Beverage as Requested Peanut Butter Cookies
<b>Dinner</b>						
Country Style Fried Chicken	Ginger Roast Pork	Salisbury Steak	Creamy Dijon Chicken & Mushrooms	Mediterranean Glazed Haddock	Honey Marinated Pork Loin	Roast Beef
Garlic Mashed Potatoes	Fluffy Rice	Paprika Potatoes	Scalloped Potatoes	Mashed Potatoes	Boiled Red Potato	Yorkshire pudding
	Mixed Vegetables	Summer Vegetable	Broccoli Florets	Florentine Veg Mix	Sunrise Vegetables	Seasoned Green Beans
Cherry Tart	Caramel Cheesecake	Frozen Yogurt	Blueberry Crisp	Triple Chocolate Fudge Cake	Rice Pudding	Cherry Pie
OR	OR	OR	OR	OR	OR	OR
Swedish Meatballs	Teriyaki Turkey	Sole w/Lemon Pepper	Hawaiian Ham	Farmers Sausage	Baked Chicken Breast	Turkey Schnitzel