

RIVER EAST PERSONAL CARE HOME SPRING & SUMMER MENU

WEEK 2

| RIVER EAST PERSONAL CARE HOME SPRING & SUMMER MENU | | | | | | | WEEK 2 | |
|---|---|--|--|--|---|---|---|--|
| MONDAY | | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
| May-7, May-28, Jun-18, Jul-9, Jul-30, Aug-20, Sep-10, Oct-1 | | May-8, May-29, Jun-19, Jul-10, Jul-31, Aug-21, Sep-11, Oct-2 | May-9, May-30, Jun-20, Jul-11, Aug-1, Aug-22, Sep-12, Oct-3 | May-10, May-31, Jun-21, Jul-12, Aug-2, Aug-23, Sep-13, Oct-4 | May-11, Jun-1, Jun-22, Jul-13, Aug-3, Aug-24, Sep-14, Oct-5 | May-12, Jun-2, Jun-23, Jul-14, Aug-4, Aug-25, Sep-15, Oct-6 | May-13, Jun-3, Jun-24, Jul-15, Aug-5, Aug-26, Sep-16, Oct-7 | |
| BREAKFAST | RELAXED BREAKFAST | | RELAXED BREAKFAST | | RELAXED BREAKFAST | | RELAXED BREAKFAST | |
| | Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection | | Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection | | Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection | | Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection | |
| LUNCH | Cream of Cauliflower Soup Swiss & Parmesan Quiche Marinated Tomato Salad Strawberries OR Assorted Sandwiches | | Country Vegetable Soup Corned Beef on Rye Dill Pickles Diced Peaches OR Assorted Sandwiches | | Cream of Celery Soup Chicken Nuggets/Plum Sauce French Fries Tossed Salad Mango OR Assorted Sandwiches | | Lasagna Soup Cottage Cheese & Fruit Plate Muffin Pudding/Whipped Topping OR Assorted Sandwiches | |
| | Beef Barley Soup Hot Dog on Bun Pasta Salad Stewed Rhubarb OR Assorted Sandwiches | | Cream of Broccoli Soup Egg Salad Sandwich Bread & Butter Pickles Berry Mix/Topping OR Assorted Sandwiches | | Tomato Basil Soup Chicken Wings with Sauce Spring Mix Salad Focaccia Bread Diced Pears OR Assorted Sandwiches | | Tomato Basil Soup Chicken Wings with Sauce Spring Mix Salad Focaccia Bread Diced Pears OR Assorted Sandwiches | |
| PM | Angel Cookies Beverage as Requested | | Zucchini Loaf Beverage as Requested | | Baked Assortment Beverage as Requested | | Peanut Butter Cookie Beverage as Requested | |
| DINNER | Butter Chicken Basmati Rice Cocktail Vegetables Maple Chocolate Mania Cake OR Polish Sausage | | Barbeque Pork Chops Herbed Potatoes Peas & Carrots Cherry Cheesecake OR Turkey Schnitzel | | Swedish Meatballs Mashed Potatoes Green & Yellow Beans Sorbet OR Baked Fish | | Country Style Chicken Potato Salad Coleslaw with Vinaigrette Banana Cream Pie OR Tortierre | |
| | Potato Crusted Chive Cod Fried Rice Kale Vegetable Blend Jello Whip OR Salisbury Steak/Gravy | | Oktoberfest Sausage Parsley Boiled Potatoes Sunrise Vegetables Assorted Desserts OR Veal Cutlet/Gravy | | Roast Beef/Gravy Mashed Potatoes Yorkshire Pudding Pick of the Day Vegetable Mix Lemon Meringue Pie OR Glazed Ham | | Roast Beef/Gravy Mashed Potatoes Yorkshire Pudding Pick of the Day Vegetable Mix Lemon Meringue Pie OR Glazed Ham | |
| HS | Assorted Sandwiches Beverage as Requested | | Assorted Sandwiches Beverage as Requested | | Assorted Sandwiches Beverage as Requested | | Assorted Sandwiches Beverage as Requested | |

MILK (3.5 CUPS / 875 ML) PLUS TEA OR COFFEE SERVED AT BREAKFAST, LUNCH, DINNER AND SNACKS

(AT LUNCH ALT. MEAL SERVED WITH FIRST CHOICE VEG) UNLESS NOTED

AT DINNER ALT. MEAL SERVED WITH FIRST CHOICE STARCH AND VEG UNLESS NOTED

(SIDE SALAD 125mL WITH DRESSING IS OFFERED AT DINNER)

BREAD, MARGARINE AND/OR CRACKERS OFFERED AT LUNCH AND DINNER