

WESTERN CANADA MENU SPRING/SUMMER 2019

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	May-6, May-27, Jun-17, Jul-8, Jul-29, Aug-19, Sep-9, Sep-30, Oct-21	May-7, May-28, Jun-18, Jul-9, Jul-30, Aug-20, Sep-10, Oct-1	May-8, May-29, Jun-19, Jul-10, Jul-31, Aug-21, Sep-11, Oct-2	May-9, May-30, Jun-20, Jul-11, Aug-1, Aug-22, Sep-12, Oct-3	May-10, May-31, Jun-21, Jul-12, Aug-2, Aug-23, Sep-13, Oct-4	May-11, Jun-1, Jun-22, Jul-13, Aug-3, Aug-24, Sep-14, Oct-5	May-12, Jun-2, Jun-23, Jul-14, Aug-4, Aug-25, Sep-15, Oct-6
BREAKFAST	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Sausage Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Bacon Fruit/Yogurt Selection
	Cream of Cauliflower Soup Cheeseburger on Bun Onion Rings Diced Watermelon OR Assorted Sandwiches	Vegetable Soup Macaroni & Cheese Tomato Salsa Berry Mix with Whipped Topping OR Assorted Sandwiches	Beet Borscht Perogies with Fried Onions and Sour Cream Polish Sausage Fruit Cocktail OR Assorted Sandwiches	Chicken Noodle Soup Open Faced Salmon Salad on Kaiser Roll Broccoli Salad Stewed Rhubarb OR Assorted Sandwiches	V8 Juice Chef's Salad Plate Dinner Roll Jell-O/Topping OR Assorted Sandwiches	Cream of Potato Leek Soup Sliced Ham & Swiss Sandwich Sliced Cucumbers Diced Mango OR Assorted Sandwiches	Vegetable Barley Soup Chicken Caesar Salad Focaccia Bread Diced Peaches OR Assorted Sandwiches
LUNCH							
PM	Peanut Butter Cookie Beverage as Requested	Banana Loaf Beverage as Requested	Donut Holes Beverage as Requested	Oatmeal Cookie Beverage as Requested	Fruit Cocktail Cake Beverage as Requested	Turnover Cookie Beverage as Requested	Baked Assortment Beverage as Requested
DINNER	Orange Glazed Ham Scalloped Potatoes Green Peas Ambrosia OR Parmesan and Herb Baked Fish	Sweet & Sour Chicken Steamed Rice Oriental Mix Vegetables Butter Tart Slice OR Pork Ribette	BBQ Pork Ribette Rosemary Potato Pick of the Day Vegetable Maple Chocolate Mania Cake OR Liver & Onions	Seasoned Flat Iron Steak Baked Potato with Sour Cream California Vegetable Mix Flapper Pie OR Turkey Schnitzel	Lemon Pepper Cod Spanish Rice Whole Green Beans Ice Cream OR Tortierre Pie	Honey Ginger Chicken Thigh Roasted Caesar Potatoes Broccoli Tripleberry Crumble OR Veal Cutlet/Gravy	Roast Turkey with Dressing and Cranberry Sauce Mashed Potatoes Sunrise Mix Vegetables Apple Pie OR Breaded Oven Baked Fish
	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested

MILK (3.5 CUPS / 875 ML) PLUS TEA OR COFFEE SERVED AT BREAKFAST, LUNCH, DINNER AND SNACKS

AT DINNER ALT. MEAL SERVED WITH FIRST CHOICE STARCH AND VEG UNLESS NOTED

BREAD, MARGARINE AND/OR CRACKERS OFFERED AT LUNCH AND DINNER

(AT LUNCH ALT. MEAL SERVED WITH FIRST CHOICE VEG) UNLESS NOTED

(SIDE SALAD 125mL WITH DRESSING IS OFFERED AT DINNER)