

Spring



A message from our Administrator

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Welcome Spring!

I am certain you are as happy as we are to put away the snow shovels and start spring cleaning. Plans are already underway for our lawn maintenance, parking lot cleaning and flower planting. You will start to see the grounds cleaning crew in April. As soon as the weather permits we are excited to make use of the courtyard for some fresh air and sunshine.

I would like to invite our Elders, families, friends and team members to our spring TOWN HALL MEETING. It will be held on April 18th at 2:30 in the Gathering Room. The Leadership Team will discuss projects and events for the coming months. We look forward to meeting with you and welcome any questions or comments.

See you there!

Kim Rohm
Administrator





Thank you to the students from Kent Road School for the Valentine card delivery on February 13th!

Your visit put a smile on the Elders' faces!



A Big Thank You to everyone who participated in the Daffodil Days Sales on March 16th.

In total we raised \$283.85 for the Canadian Cancer Society.





New Television

A new television was purchased and installed in the Gathering Room in early March.

The Life Enrichment team is able to incorporate the tv into some of our programs (example Coffee News and Trivia), and show pictures and videos related to the program.

The Elders enjoying the new television at the Women's History Month Trivia Program and at our Bingo program

Walking Club

To help Celebrate Canada's 150th Birthday, River East started a walking club. We are going to see if we can make it to Ottawa, the Nation's capital, in 2017.
(The distance from Winnipeg to Ottawa is 2141.8km)

We are using the following code to measure the distance:

- ~Neighbourhood Lounge to Fireplace Lounge = 1/2 km
- ~End of the Neighbourhood hallway to the Neighbourhood Lounge = 1/2 km
- ~Around the Fireplace lounge = 1/2 km
- ~Across the Gathering Room = 1/4 km
- ~Front entrance to Fireplace lounge = 1/4 km



Please see Neighbourhood calendars and white boards for when walking club will be held on your Neighbourhood.

Elders who would like to walk or wheel on their own can let the Life Enrichment Team know the distance they travelled and they will mark it on the tracking sheet.

Check out the display in the Gathering Room to see our progress and interesting facts about the places we pass along the way!

Upcoming Life Enrichment Programs

Tuesday, April 11th
2:00pm

-Easter Reflections Service

Thursday, April 13th
2:00pm

-Easter Tea
(with entertainment by Leo Gosselin)

Thursday, April 13th
6:00pm

-Twin Rivers Youth Choir
(Easter program)

Wednesday, April 19th
7:00pm

-A Concert By the Community Singers Choir

Wednesday, April 26th
10:00am

-A Visit with the Kindercare students from
John DeGraff School

(For more information on any of these programs, please contact
Julie: jzabudny@extendicare.com or phone 204-668-7460 ext. 230)

Mother's Day Event

Saturday, May 6th

2:00pm - 3:30pm

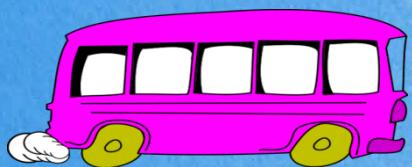
In the Gathering Room

~Entertainment by Neil Keep from 2:15-3:15

~Coffee/Tea and Dessert will be served

~Door Prize

~Silver Collection at the Door to help cover costs of the event



Upcoming Life Enrichment Outings

Wednesday, April 19th
Perkins for Coffee and Dessert
1:45pm - 4:00pm
~
Tuesday, April 25th
Boston Pizza for Lunch
11:00am - 1:30pm
~
Tuesday, May 9th
The Old Spaghetti Factory for
Lunch
11:00am - 2:30pm
~
Wednesday, May 10th
Brunch at Prairie's Edge
10:15am - 1:15pm

Elders that are interested in attending, please speak to Erika, Cindy, Shauna or Julie from the Life Enrichment team.

Some information for our new Elders and Families:

~Charges for the bus will appear on Elder monthly statements. (Please note that transportation costs vary and are dependent on the location of the outing)

Purchases made on the outing are taken out of Elder trust accounts

~We want to ensure outings are available to everyone, so if an Elder has attended an outing once in the month, they may be put on as a back up for any other outing that month.

~Family members may attend outings with their loved one, but may need to meet us at the outing location due to limited space on the bus. Please contact us so we can assist with those arrangements.

If you have any questions, please speak to a member of the Life Enrichment team or call Julie at 668-7460 ext. 230



Elder Clothing Sale

By Family Tree Clothing Company

Wednesday, May 3rd

11:00am – 3:00pm In the Gathering Room

Adaptive and Regular Clothing and Footwear available

Payments accepted: Cash, Cheque, Debit, Visa or Mastercard

www.familytreeclothing.ca



Elder Spotlight - Guelda Adams

Getting to know Guelda

Guelda Adams was born and raised in Summerside, Prince Edward Island. Her favourite childhood memory was going the shore (beach) to go swimming in the summer time.

Guelda met her husband Alex while his was stationed at the airport in Summerside. Their first date was going to a Halloween party together on October 31, 1943, where they danced together all night long. They got married in 1944 when she was 18 years old.

Together they raised two sons, Paul and Bill. Guelda told us that the happiest moments of her life were when her sons were born.

They moved to Manitoba where Guelda got a job at Eatons in Interior Design. Alex also worked at Eatons, as a manager in the camera department.

Interests

Guelda enjoys watching television in her spare time. Some of her favourite television programs include the news, talk shows, game shows and "Dancing with the Stars". She enjoys everything shown on Channel 15 and enjoys following American Politics. Guelda doesn't watch sports often, but sometimes enjoys watching baseball. She loves all types of music and all country artists, but doesn't have a favourite singer.



Her favourite movie stars are Elizabeth Taylor, and Clint Eastwood. We have also heard her express her fondness for George Clooney on multiple occasions!

Her favourite movie is "Singing in the Rain".

Since moving to River East, Guelda enjoys attending our educational programs, word games, trivia, and all of the music programs.

We would like to thank Guelda for allowing us to share her story and getting to know her just a little better.

Hats for Elders

As the weather gets warmer, a reminder for families to ensure that their loved one has a hat available for them to use outside.

Thank you!



Are you doing some Spring Cleaning?

The Life Enrichment Team is looking for donations of the following items for the Elders:



- magazines
- playing cards
- board games/puzzles
- movies (dvd)

(items can be new or gently used)



We are also looking for donations of:

- bird seed (for our outside bird feeders)

Items can be dropped off at the Life Enrichment Office or the Front Business Office.

A Big Thank You to those family members who recently dropped off donations of garden seeds, bird seed, playing cards, DVDs, and puzzles.

It was greatly appreciated!

A Big Thank You to the Lukianchuk family for their beautiful donation of paintings to Courage Bay Neighbourhood!

Also, thank you to the family for repotting some of our Gathering Room plants!



River East Personal Care Home

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We're on the Web!
See us at:
www.rivereast.ca

Our Photo Album



*Planting
Seeds*

