



River East Personal Care Home Newsletter



A reminder that families may access the most current Elder and Family Council Meeting Minutes on each Neighbourhood Bulletin Board as well as the Family Information Board located in the front hallway of the Home.



Visiting With Pets

All visitors with pets must follow these established guidelines:

- ~Proof of vaccination and the Pet Information Form must be submitted to the Life Enrichment Supervisor prior to the pet coming into the Home;
- ~Pets must be licensed, healthy and have all their vaccinations up to date prior to visiting;
- ~Pets must be kept on a leash and supervised at all times;
- ~Owners are responsible for bagging pet litter and disposing it appropriately;
- ~Owners will be responsible for any damage(s) caused by their pets;
- ~Pets creating a disturbance will be asked to leave the home and remain outside;
- ~Please be advised that we also have pets who live in our home, our animals must be respected and if a concern arises between both animals, we may ask your pet to remain outside;
- ~Pets are not permitted in food service areas and/or dining rooms
- ~As per Shared Health Guidelines, pet visitation is not allowed while there is an outbreak on the Neighbourhood the pet is visiting. Also, pets may not come into the Home if someone in the household where the pet lives is isolating for COVID-19

For more information about visiting with your pet, please contact:
Julie Zabudny, Life Enrichment Supervisor
at 204-668-7460 ext. 230
or email jzabudny@extendicare.com

Thermostats and Heaters in Elder Suites

A friendly reminder that thermostats in Elder suites must be kept at 22 degrees at all times to meet Manitoba Health Standards. Portable heaters should always be placed on the floor near the window. If heaters are placed in other areas of the suite, the thermostat picks up the heat from the heaters and the room heat will not turn on.

Volunteers

We are looking for volunteers!
If you or anyone you know are interested in volunteering in our Home, please contact:
Julie Zabudny, Life Enrichment Supervisor at 204-668-7460 ext. 230
or email jzabudny@extendicare.com

Updates to Visitation

As of February 6th, Designated Family Caregivers may now take their loved one on walks out of their suites. Two Designated Caregivers may walk with the Elder. You may also sit in the Fireside Lounge or Gathering Room outside of program times.

- When visiting outside of the suite the following is still not permitted:
- Visiting in dining rooms/Neighbourhood lounges
 - Participation in Recreation/Life Enrichment activities
 - Visiting with other Elders or visitors, unless the 6 feet/2 metre physical distancing is maintained

General Visitors continue with visits only in the Elder's suite.

Hello River East Elders, families and friends;

I wanted to share some of the End of Life processes observed by River East Personal Care Home and our staff, as these may be new or unknown to some of our visitors. Please note our Home has selected the symbol of a butterfly to signify the dignity of our Elders who may be nearing the close of their journey. Butterflies have long been a symbol associated with life transformations, and often with the idea of life departing from this world.

You may see a large, colourful butterfly hanging on the outside of an Elder's door for this reason as you walk around our Home. This butterfly is a signal to all of our staff, co-Elders and their friends & families to be mindful at this time; to perhaps be quieter in the hallway outside the room, or maybe even to share a final farewell with someone they care about.

Additionally, when neighbourhood staff are aware that an Elder has passed away and that the chosen funeral home service is ready to depart our Home with them, they will issue an overhead page of "Code Butterfly". At this time, any available staff or interested Elders and visitors are invited to stand respectfully in the hallway or close to the front entrance as a final show of respect.

Please reach out to myself or the nursing staff if you have any other questions about End of Life processes.

Kristy De Viet, Social Worker

