

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AM Calendar Visits ¹ 2:15 Relax with Nature - on Hope 6:30 Shuffle Bowling <small>Labor Day</small>	*<u>Extendicare Elder and Family Surveys Begin</u>* ² 6:30 Music and Memories-Ed Sullivan's Most Memorable Bands Nnenna off	³ 2:15 Colourful Creations - on Hope 6:30 Bingo	10:15 Morning Jams -on Hope ⁴ 2:00 A Visit with Jelynn Dela Cruz, MLA for Radisson 6:30 Celebrity Bio	10:15 Gentle Stretches-on Hope ⁵ 2:00 Happy Hour - Blues Tunes Nnenna off	10:30 Fun and Fitness ⁶ 2:00 Guess The City Nnenna off
10:30 Hymn Sing and Devotionals- Conquering Fear ⁷ 2:00 Plinko Nnenna off	10:15 Manicures -on Hope ⁸ 2:00 End of Summer Carnival Games 6:30 Ethnography: First Contact	10:30 Outing to Cottage Bakery ⁹ (see Life Enrichment for info./to sign up) 6:30 Name That Tune	10:30 Elder & Family Council Meeting ¹⁰ 2:00 Cup Toss-on Hope 3:00 Patio Walks 6:30 Bingo	10:30 Roman Catholic Mass with Father Greg ¹¹ 6:30 Ed Sullivan TV Concert Nnenna off	10:30 Name 5 Trivia Game ¹² 2:00 Happy Hour - Big Band Music Nnenna off	10:30 Movement and Meditation ¹³ 2:00 Sing a long
10:30 Hymn Sing and Devotionals -Love Thy Neighbour ¹⁴ 2:00 Picture Word Game	AM Extendicare Surveys ¹⁵ 2:00 Entertainment by Cowboy Dawn 6:30 Ball Circle	¹⁶ 6:30 Music and Memories -Banned Bands from Ed Sullivan Nnenna off	10:30 Joyful Baking- on Hope ¹⁷ 2:15 Birthday Celebrations - on Hope 6:30 Bingo	¹⁸ 2:15 Balloon Toss -on Hope 6:30 Stand Up Comedy Special - Bob Newhart	9:30 Friendly Visits-on Hope ¹⁹ 10:30 Music & Moves -on Hope 2:00 Happy Hour - Music by Request	10:30 Fun and Fitness ²⁰ 2:00 Rhythm and Voice Nnenna off
10:30 Hymn Sing ²¹ 2:00 Movie Matinee Nnenna off	<i>*Please note - The Gathering Room is not available this week due to painting</i> 2:00 Travelogue to Sweden -on Hope ²² 3:15 Walk and Talk - on Hope <small>Rosh Hashanah Begins Autumn Begins</small> 	10:45 Warm Spice Moments -on Hope ²³ Aftn - Travelling Ice Cream Cart	9:30 Men's Coffee Group -Fireplace Lounge ²⁴ 6:15 Sing a Long-on Hope 6:45 Animal Videos - on Hope	²⁵ Aftn - Extendicare Surveys Nnenna off	10:45 Ball Circle - on Hope ²⁶ Aftn - Happy Hour - Travelling Cart to the Neighbourhoods	10:30 Movement and Meditation ²⁷ 2:00 Crafters Corner
10:30 Hymn Sing and Devotionals -We're all God's Children ²⁸ 2:00 Jeopardy	11:00 Outing to Boston Pizza ²⁹ (see Life Enrichment for info./to sign up) 2:00 Drum Fit - Exercises 6:30 Shuffle Bowling	2:00 Observing National Truth and Reconciliation Day ³⁰ 6:30 Music & Memories-Taking Requests Nnenna off <small>National Day for Truth and Reconciliation</small>				

*Programs take place in the Gathering Room unless otherwise stated

*Programs and/or times subject to change

*1:1 visits take place outside of program times