

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30 Rolling Across Canada - Giant Board Game¹ 2:00 Canada Day Celebrations 6:30 Bingo  Canada Day	10:30 Reverse Bingo² 6:30 Canadian Travelogue Nnenna Off	10:15 Gentle Stretches - On Hope³ 2:00 Happy Hour - Canadian Artists	10:30 Movement and Meditation⁴ 1-2pm BBQ Ticket Sales in the Fireside Lounge 2:00 Crafters Corner
10:30 Hymn Sing and Devotionals - Blessings⁵ 1-2pm BBQ Ticket Sales in the Fireside Lounge 2:00 Whisking Up Fun	2:00 Sing Along - On Hope⁶ 6:30 Shuffle Bowling <i>*Deadline for families to purchase BBQ tickets</i>	2:00 Entertainment by Rob Ivany⁷ 6:30 Music and Memories - British Invasion Nnenna Off	10:30 Scattergories/Word Games⁸ 2:00 Bingo 6:30 U of M Presentation on Humour and Sarcasm Nnenna Off	10:00 Music & Manicures - On Hope⁹ 2:00 Classic Tv Shows - On Hope 6:30 Celebrity Bio - Sam Cooke	10:30 Coffee & Conversation¹⁰ 2:00 Happy Hour - Outlaw Country Music	10:30 Fun and Fitness¹¹ 2:00 Rhythm and Voice - Drumming with Doug Nnenna Off
10:30 General Knowledge Trivia Morning¹² 3:00 Anglican Church Service with Reverend Wilson Nnenna Off	10:30 Jeopardy Game¹³ 2:15 Music and Balloon Toss - On Hope	10:30 Music and Memories¹⁴ 5:30 Hope Haven Neighbourhood BBQ (see poster for info)	10:30 Bread & Butter Tales¹⁵ 2:15 Quiet Music & Reflection - On Hope	10:30 Elder and Family Council Meeting¹⁶ 2:00 Bingo Nnenna Off	9:00 Ride & Talk - On Hope¹⁷ 10:30 Puzzles & Card Games - On Hope 2:00 Happy Hour - Motown Hits	10:30 Drum Fit Exercises¹⁸ Afternoon - Ice Cream Cart to the Neighbourhoods
10:30 Hymn Sing and Devotionals -Rejoice in the Lord¹⁹ 2:00 Travelogue (Fiji Island)	10:30 Twister Bean Bag Toss²⁰ 2:00 Joyful Baking - On Hope 2:45 Coffee & Conversation - On Hope	10:30 Powermine Ministries Church Service²¹ Nnenna Off	²² 2:00 July Birthday Celebrations - On Hope 6:30 Bingo	9:45 Creative Colouring - On Hope²³ 10:45 Shake Awake A Taste- Reminiscing Game and Discussion- On Hope	10:30 Music & Hand Massage²⁴ 2:00 Happy Hour - Cover Songs	10:30 Fun and Fitness²⁵ 2:00 Lemonade and Visits on the Patio Nnenna Off
10:30 Hymn Sing and Devotionals- Heavenly Spirit²⁶ 2:00 Summer Crafting Nnenna Off	10:30 Outing to Prairie's Edge (see Life Enrichment for more info / to sign up)²⁷ 2:15 Movie & Treats - On Hope 6:30 The Price Is Right	10:15 Gentle Stretches and Ball Circle - On Hope²⁸ 6:30 Name That Tune	²⁹ 2:15 Patio Social 6:30 Bingo	³⁰ 6:30 Music and Memories - Remembering Live Aid '85 Nnenna Off	9:00 Calendar Visits³¹ 10:15 Sing Along - On Hope 2:00 Happy Hour - 50's and 60's Tunes	

*Programs take place in the Gathering Room unless otherwise stated
 *Programs and/or program times subject to change
 *1:1 visits take place outside of program times