| Sunday                             | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday                 |
|------------------------------------|---|--|--|--|--|--------------------------|
|                                    | 1   | 244-7  | 005  |  |  | AM Calendar Visits       |
| Г<br>Ho                            | eorua<br>pe Haven Life  | ary 2 Enrichment   | UZD<br>Calendar  |  |  | 2:00 Fun and Fitness     |
| 2<br>10:30 Sing a Long             | 3   | 4  | 5  | 9:30 Men's Coffee Group 6<br>10:00 Valentine Craft -on<br>Hope | 7  | 10:30 Fun and Fitness    |
| 2:00 Bible Study                   | 1:45 Story Time - on Hope<br>3:00 Creative Colouring -<br>on Hope | 6:30 Music and Memories  | 2:00 Hot Chocolate &<br>Visits -on Hope<br>3:00 Decorating for<br>Valentine's Day -on Hope | 2:15 Comforting Hands-on<br>Hope                               | 2:00 Happy Hour-<br>Bosa Nova Music            | 2:00 Jeopardy            |
| Groundhog Day                      | 6:30 Shuffleboard   | Nnenna off   | 6:30 Bingo   | 6:30 Food and Drink Trivia                                     |  | Nnenna off               |
| 10:30 Hymn Sing and Devotionals    | 10:30 Walk 'n Talk  | 10:30 Valentine Notes-on Hope                                      | 12   | 13   | 11:45 Valentine's Lunch for the Couples of the | 10:30 Fun and Fitness 1  |
| 2:00 Valentine's Movie<br>Matinee  | Aftn - Life Enrichment<br>Staff in Meeting                        | 2:00 Entertainment by<br>Gordon Plant                              | 2:00 Valentine's Crafts  | 2:00 Dating Through The<br>Decades - Reminiscing               | Home (tickets must be purchased by Feb. 10th)  | 2:00 Ladies Baking Group |
|                                    | 6:30 Ethnography: Latin<br>America                                | 6:30 Name That Tune -<br>Love Songs                                | 6:30 Bingo Tu B'Shevat Begins  | Nnenna off   | 2:15 Cupid's Cocktail Party  Valentine's Day   |                          |
| 10:30 Hymn Sing and Devotionals    | 17<br>1:30 1:1 Visits -on Hope                                    | 18   | 2:00 Alzheimer Society<br>Family/Elder Education   | 2.00 Read THE a POEITI OII                                     | 9:30 Music and Moves -21 on Hope               | 10:30 Fun and Fitness 2  |
| 2:00 Hangman                       | 2:30 Manicures and Hand<br>Massages -on Hope                      | <ul><li>2:00 Travelogue</li><li>6:30 Music and Memories</li></ul>  | Session<br>2:15 Balloon Toss &<br>Exercise with Pool                                       | Hope<br>3:00 Ice cream on Wheels<br>-on Hope                   | 10:30 Turtle Toss- on<br>Hope                  | 2:00 Price is Right      |
|                                    | 6:30 Ball Circle  | Nnenna off   | Noodles-on Hope<br>6:30 Bingo  | 6:30 "Who Am I?" -<br>Canadian Edition                         | 2:00 Happy Hour -<br>Manitoba Social Tunes     | Nnenna off               |
| 10:30 Hymn Sing and 23 Devotionals | 10:30 Sing a Long- on   | 10:30 Gentle Stetching-25 on Hope                                  | 26   | 10:30 Roman Catholic<br>Mass with Father Greg                  | 28   |                          |
|                                    | Hope 2:00 Table Bowling   | 1:30 A Visit with the<br>Grade 5 Class from John<br>DeGraff School | 2:30 Birthday Celebrations<br>- on Hope  | 6:30 Would you Rather? -                                       | 2:00 Happy Hour -Music<br>By Request           |                          |
| Nnenna off                         |   | 6:30 Name That Tune  | 6:30 Bingo   | Game and Discussion Nnenna off                                 | Ramadan Begins                                 |                          |