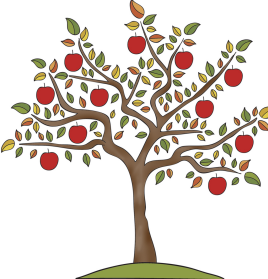


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SEPTEMBER 2023 Courage Bay Life Enrichment Calendar					1 AM Calendar Visits 2:00 Happy Hour -GR	2 10:30 Super Quiz Trivia - GR 2:15 Travelogue to Italy
3	4 2:15 Labour Day Facts & Brain Teasers -GR Erika Off Labor Day	5 10:30 Fun & Fitness -GR 6:30 Name that Tune -GR Erika off	6 10:30 Hand Massages 10:30 Elder Council Meeting -GR 2:15 Scattergories 6:30 Bingo -GR	7 10:15 Hymn Sing & Devotionals -GR 11:00 Coffee & Fellowship 2:00 Music & Memories	8 9:30 Erika in Life Enrichment Meeting 2:00 Happy Hour -GR	9 2:15 Music with Deborah - GR
10 <i>*Kinderlinks is a parent and toddler program ran through the River East Transcona School Division. They will be utilizing our Gathering Room for their program. Elders are welcome to attend to watch.</i>	11 <i>*Extendicare Elder & Family Surveys Begin*</i> 10:00 Kinder Links Program -GR 10:15 Hymn Sing 2:15 Good News Stories	12 10:15 Music & Moves 2:15 Name that Tune 6:30 Music and Memories -GR	13 10:00 Kinder Links Program -GR 2:15 Sing a Long 6:30 Bingo -GR	14 10:15 Hymn Sing & Devotionals -GR 11:00 Coffee & Fellowship 2:15 Jeopardy Trivia 6:30 Table Shuffleboard - GR	15 10:15 Short Stories 2:00 Happy Hour -GR Rosh Hashanah Begins	16 2:15 Oktoberfest Trivia -GR Oktoberfest Begins
17 	18 10:00 Kinder Links Program -GR 10:15 Baking 2:15 Friends & Neighbours	19 10:15 Manicures 2:15 Travelogue to Germany -GR 2:15 Buddy Walks 6:30 Name that Tune -GR	20 10:00 Kinder Links Program -GR 11:00 Outing to Boston Pizza for Lunch (see Life Enrichment for more information) 2:15 Sing a Long 6:30 Bingo -GR	21 10:15 Hymn Sing & Devotionals -GR 11:00 Coffee & Fellowship 2:15 Reminiscing & Stories 6:30 Scattergories -GR	22 10:15 Music & Memories 2:00 Oktoberfest Themed Happy Hour -GR	23 10:30 Word In a Word Game -GR 2:15 Name That Tune Autumn Begins
24 10:15 Hymn Sing 2:15 Welcome Fall! Friends & Neighbours -GR Yom Kippur	25 10:00 Kinder Links Program -GR 3:30 One to One Visits Erika off	26 10:30 Fun and Fitness - GR 6:30 Music and Memories -GR Erika off	27 10:00 Kinder Links Program -GR 2:15 September Birthday Celebrations -GR 6:30 Bingo -GR Erika vacation	28 10:30 Roman Catholic Mass with Father Greg-GR Erika at Training Course	29 AM Calendar Visits 2:00 Happy Hour -GR Erika vacation Sukkot Begins	30 10:30 Observing National Truth and Reconciliation Day -GR 2:15 Christian Family Ministry Church Service - GR

Programs listed take place on Courage Bay unless otherwise stated

*GR= Gathering Room

*Programs subject to change