



SEPTEMBER 2019 COURAGE BAY LIFE ENRICHMENT PROGRAM CALENDAR



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|--|---|--|--|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | LABOUR DAY SHAUNA OFF | 2:00 SCHOOL DAYS REMINISCING & TRIVIA 6:30 END OF SUMMER SING-A-LONG WITH CAL WOOKEY Back to school themed week → | 10:30 "PHYS-ED CLASS" - STRETCHES AND BALLOON VOLLEYBALL 2:00 CURRENT EVENTS 3:00 COURAGE BAY NEIGHBOURHOOD MEETING 6:15 BINGO | 10:30 WORSHIP SERVICE 2:00 "SCIENCE CLASS" - SCIENCE EXPERIMENTS 2:15 MANICURES AND HAND MASSAGES 6:30 LOUNGE GAMES | 8:30 MEN'S BREAKFAST 10:00 BEAN BAG TOSS 10:30 "ART CLASS"- PAINTING 2:00 HAPPY HOUR | SHAUNA ON VACATION |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | SHAUNA OFF | AM- VOTING FOR THE PROVINCIAL ELECTION (IN THE GATHERING ROOM) 2:00 HYMN SING 6:30 COFFEE NEWS | 10:30 "WHO AM I" TRIVIA GAME 1:30 BAKING 2:30 FRIENDS AND NEIGHBOURS 6:15 BINGO | 10:30 HYMN SING 2:00 CHAIR EXERCISES - ZUMBA 3:30 FRIENDLY VISITS 6:30 LOUNGE GAMES | 8:30 MEN'S BREAKFAST 10:30 NAME THAT TUNE 2:00 HAPPY HOUR WITH ENTERTAINMENT BY DONALD PLANT ON THE PIANO | 10:30 WORD GAMES WITH ERIKA 2:00 CHRISTIAN FAMILY MINISTRY CHURCH SERVICE |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| | 10:00 BAKING 2:00 MUSIC AND MEMORIES WITH LYNN AND BIRTHDAY CELEBRATIONS | 11:00 – 2:15 OUTING TO SANTA LUCIA FOR LUNCH 2:00 BALLOON TOSS 6:30 COFFEE NEWS | 10:00 JACK BE NIMBLE 10:15 REMINISCING – THE 50'S 2:00 TRAVELOGUE TO COSTA RICA 6:15 BINGO | 10:30 ANGLICAN CHURCH SERVICE AFTN- SHAUNA IN LIFE ENRICHMENT MEETING 6:30 LOUNGE GAMES | 8:30 MEN'S BREAKFAST 10:30 HYMN SING 2:00 HAPPY HOUR | 10:30 MUSIC AND MEMORIES WITH CINDY |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| | 10:00 BUDDY READING 2:00 HORSE RACE GAME FIRST DAY OF FALL <i>Fall</i> | 1:30 – 3:15 MINUTE TO WIN IT GAMES 6:30 MOVIE NIGHT ON THE BIG SCREEN | 10:00 JACK BE NIMBLE 10:15 – 1:00 OUTING TO PRAIRIE'S EDGE FOR BRUNCH 3:15 FRIENDLY VISITS 6:15 BINGO | 10:30 GOLDEN OPPORTUNITY MINISTRY GROUP 2:00 COFFEE AND CURRENT EVENTS 6:30 LOUNGE GAMES | 8:30 MEN'S BREAKFAST 10:30 ROMAN CATHOLIC MASS 2:00 HAPPY HOUR | 10:30 CROSSWORD PUZZLES WITH SHAUNA 2:00 ICE CREAM SOCIAL |
| 29 | 30 |   <p>Please Note : Blank spots are times that Shauna is providing one-to-one visits and/or preparing for upcoming programs.</p>   | | | | |
| | SHAUNA OFF | | | | | |