

OCTOBER 2019 COURAGE BAY LIFE ENRICHMENT PROGRAM CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 1:30-2:30 VISITS WITH THE GRADE 4/5 CLASS FROM JOHN DEGRAFF SCHOOL 2:00 WORD GAMES 6:30-7:30 COFFEE NEWS	2 10-11:00 JACK BE NIMBLE 10:30 HYMN SING AND DEVOTIONALS 2:00 HOMEKEEPERS CLUB 3:15 COFFEE AND CONVERSATION 6:15-7:15 BINGO	3 10:30-11:15 MEMORIAL SERVICE 2:00 MANICURES AND HAND MASSAGES 3:15 TRIVIA 6:30-7:30 LOUNGE GAMES	4 8:30-9:30 MEN'S BREAKFAST 9:45 SHAUNA IN LIFE ENRICHMENT MEETING 2:00-3:00 HAPPY HOUR	5 ERIKA VACATION DAY
6	7 10:15 – 12:45 OUTING TO SMITTY'S FOR BRUNCH 2:00-3:00 A PIANO CONCERT BY DANNY CARROLL	8 2:00 MUSIC AND MEMORIES WITH LYNN 6:30-7:30 COFFEE NEWS	9 10-11:00 JACK BE NIMBLE 10:30 THANKSGIVING REMINISCING 2:00 FRIENDS AND NEIGHBOURS 3:15 WALKING CLUB 6:15-7:15 BINGO <i>YOM KIPPUR</i>	10 10:30-11:15 HYMN SING WITH LYNN 2:00-3:00 TURKEY SHOOT 3:30 SING-A-LONG 6:30-7:30 LOUNGE GAMES	11 8:30-9:30 MEN'S BREAKFAST 2:00-3:00 THANKSGIVING TEA WITH ENTERTAINMENT BY VESNA ON THE PIANO 	12 10:30-11:00 MUSIC AND MOVES WITH CINDY 2:00-3:00 CHRISTIAN FAMILY MINISTRY CHURCH SERVICE
	 THANKSGIVING DAY	13 10:30-11:15 FUN AND FITNESS SHAUNA VACATION DAY	14 10-11:00 JACK BE NIMBLE 2:00 COFFEE AND CURRENT EVENTS 3:15 FRIENDLY VISITS 6:15-7:15 BINGO	15 10:30-11:15 ANGLICAN CHURCH SERVICE 2:00 BEAN BAG TOSS 3:15 COFFEE AND TRIVIA 6:30-7:30 LOUNGE GAMES	16 8:30-9:30 MEN'S BREAKFAST 10:30 BAKING 2:00-3:00 HAPPY HOUR	17 10:30-11:30 NAME THAT TUNE AND SING-A-LONG WITH SHAUNA 2:00 COURAGE BIRTHDAY CELEBRATIONS
20	21 8:30-12:00 POLLING STATION FOR THE ELDERS (IN THE GATHERING ROOM) SHAUNA OFF	22 10:45 – 12:45 OUTING TO A&W FOR LUNCH 2:00 TRAVELOGUE 3:15 HOMEKEEPERS CLUB 6:30-7:30 COFFEE NEWS	23 10-11:00 JACK BE NIMBLE 10:30 MANICURES 1:30 FRIENDLY VISITS 2:45 TOWN HALL MEETING 6:15-7:15 BINGO	24 10:30-11:15 WORSHIP SERVICE 2:00 BALLOON TOSS 3:15 WORD GAMES 6:15-7:30 HALLOWEEN THEMED MOVIE NIGHT	25 8:30-9:30 MEN'S BREAKFAST 10:30-11:15 ROMAN CATHOLIC MASS 2:00-3:00 HAPPY HOUR	26 10:30-11:15 SHUFFLEBOWL WITH ERIKA
	27 10:30-11:15 FUN AND FITNESS (GATHERING ROOM) SHAUNA VACATION DAY	28 1:30-2:30 VISITS WITH THE GRADE 4/5 CLASS FROM JOHN DEGRAFF SCHOOL 2:00 PUMPKIN CARVING 6:30 TRICK OR TREATING (RSVP TO LIFE ENRICHMENT BY OCT. 22ND)	29 10-11:00 JACK BE NIMBLE 10:30 HYMN SING AND DEVOTIONALS 2:00-3:00 BINGO 3:30 CARDS AND BOARD GAMES	30 10:30-11:15 HALLOWEEN LOUNGE GAMES 2:00-3:00 HALLOWEEN PARTY WITH ENTERTAINMENT BY THE X-RAY BANDITS <i>HALLOWEEN</i> 	Please Note : Blank spots are times that Shauna is providing one-to-one visits and/or preparing for upcoming programs.	