

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2023			1 AM - Calendar Visits 2:30 Town Hall Meeting - GR 6:30 Bingo -GR	2 10:15 Hymn Sing & Devotionals -GR 11:00 Coffee & Fellowship	3 9:30 Buddy Walks 2:00 Happy Hour -GR	4
5 	6 9:30 Baking 10:30 Friends and Neighbours	7 2:15 Ice Cream Social 6:30 Music and Memories -GR	8 10:30 Guys Get Together -GR 6:30 Bingo -GR	9 10:00 Remembrance Day Service with the Elmwood Legion -GR 1:30 1:1 Visits	10 Am Life Enrichment in meeting 2:00 Happy Hour -GR	11 10:30 The National Remembrance Day Ceremony Remembrance Day (Canada)
12 10:15 Music and Memories - GR Diwali (Hindi)	13 10:30 Fun and Fitness - GR	14 2:15 Sing-a-long 6:30 Name That Tune -GR	15 10:30 Elder Council Meeting -GR 2:15 Decorating the Christmas Tree in the Fireplace Lounge	16 AM Christmas Decorating in the Gathering Room 2:15 Christmas Tree Decorating in the Gathering Room	17 10:30 Star of the Month - GR 2:00 Happy Hour - GR	18 10:00 Trivia and Word Games 2:15 Entertainment by RNA - GR
19 10:30 Hymn Sing and Devotionals - GR 2:00 Balloon Toss	20 10:30 Fun and Fitness - GR 2:00 Ice Cream Floats and TV Concert	21 2:15 Travelogue to Alaska -GR	22 2:15 November Birthday Celebrations -GR 6:30 Bingo -GR	23 10:30 Roman Catholic Mass with Father Greg -GR Thanksgiving Day (US)	24 10:45 Coffee and Current Events 2:00 Happy Hour - GR	25 
26	27 10:30 Fun and Fitness - GR 2:15 Manicures and Hand Massages	28 2:00 Christmas Tree Decorating on Courage Bay 6:30 Music and Memories -GR	29 2:00 Friendly Visits and Buddy Reading 6:30 Bingo -GR	30 10:15 Hymn Sing & Devotionals -GR 11:00 Coffee & Fellowship	Courage Bay Life Enrichment Calendar	