






NOVEMBER 2018 COURAGE BAY LIFE ENRICHMENT PROGRAM CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Please Note : Blank spots are times that Shauna is providing one-to-one visits and/or preparing for upcoming programs.</p>		<p>1 10:15 HYMN SING WITH LYNN 2:00 MANICURES AND HAND MASSAGES 6:30 LOUNGE GAMES</p>	<p>2 8:30 MEN'S BREAKFAST 10:30 KERMIT THE FROG DAY 2:00 HAPPY HOUR WITH ENTERTAINMENT BY ANDRE VIALLET</p>	<p>3 2:00 REMINISCING</p>
<p>4  DAYLIGHT SAVINGS TIME ENDS</p>	<p>5 10:30 BUDDY READING 2:00 LOUNGE GAMES</p>	<p>6 2:00 HYMN SING AND DEVOTIONALS 6:30 COFFEE NEWS</p>	<p>7 10:15 JACK BE NIMBLE 10:30 FRIENDLY VISITS 2:00 NAME THAT TUNE 6:15 BINGO</p>	<p>8 10:15 WORSHIP SERVICE 2:00 REMEMBRANCE DAY SERVICE WITH THE ELMWOOD LEGION 6:30 LOUNGE GAMES</p>	<p>9 8:30 MEN'S BREAKFAST 2:00 HAPPY HOUR</p>	<p>10 10:30 FUN AND FITNESS</p>
<p>11 </p>	<p>12 2:00 BOWLING IN THE GATHERING ROOM SHAUNA OFF</p>	<p>13 2:00 VISITS WITH THE GRADE 5 CLASS FROM JOHN DEGRAFF SCHOOL 6:30 COFFEE NEWS</p>	<p>14 10:15 JACK BE NIMBLE 10:30 TRAVELOGUE 2:00 MUSIC AND MEMORIES WITH LYNN 6:15 BINGO</p>	<p>15 10:30 ANGLICAN CHURCH SERVICE 2:00 BALLOON TOSS 6:30 LOUNGE GAMES</p>	<p>16 8:30 MEN'S BREAKFAST 10:00 FRIENDLY VISITS 2:00 HAPPY HOUR</p>	<p>17 10:30 CROSSWORDS AND WORD GAMES 2:00 FRIENDS AND NEIGHBOURS</p>
<p>18 </p>	<p>19 10:30 MUSIC AND MEMORIES WITH COLLEEN SHAUNA OFF</p>	<p>20 12:15 LUNCH CLUB – CHICKEN CHEF 2:30 WORD GAMES 6:30 COFFEE NEWS</p>	<p>21 10:30 COFFEE AND TRIVIA 2:00 BAKING 6:15 BINGO</p>	<p>22 10:30 GOLDEN OPPORTUNITY MINISTRY GROUP 2:00 COURAGE BAY BIRTHDAY CELEBRATIONS 6:30 LOUNGE GAMES</p>	<p>23 8:30 MEN'S BREAKFAST 10:30 ROMAN CATHOLIC MASS 2:00 HAPPY HOUR</p>	<p>24 2:00 REMINISCING</p>
<p>25 </p>	<p>26 10:00 SETTING UP THE CHRISTMAS TREE 2:00 DECORATING COURAGE BAY</p>	<p>27 2:00 VISITS WITH THE GRADE 5 CLASS FROM JOHN DEGRAFF SCHOOL 2:00 FRIENDLY VISITS 6:30 TRAVELOGUE</p>	<p>28 10:30 MANICURES AND HAND MASSAGES 2:00 BALLOON TOSS 6:30 A CHRISTMAS CONCERT WITH THE JOHN DEGRAFF STUDENTS</p>	<p>29 2:00 CAKE AND COFFEE IN HONOUR OF RIVER EAST'S 25TH ANNIVERSARY</p>	<p>30 2:00 HAPPY HOUR WITH ENTERTAINMENT BY ANDRE VIALLET</p>	