



# MARCH 2020 COURAGE BAY LIFE ENRICHMENT PROGRAM CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2 10:00-10:30 FUN AND FITNESS-GR 10:30 MANICURES - C 1:30-2:30 VISITS WITH THE GRADE 4/5 CLASS FROM JOHN DEGRAFF -GR 2:00 SING-A-LONG WITH LYNN - C 3:30 BUDDY READING - C	3 2:00-3:00 DNA DRUMMING (EXERCISE) -GR 6:30-7:30 COFFEE NEWS -GR	4 10:30 HYMN SING AND DEVOTIONALS - C 2:00-3:00 BINGO -GR 2:00 FRIENDS AND NEIGHBOURS - C 6:00 GATHERING ROOM BOOKED FOR FAMILY EDUCATION SESSION	5 10:30-11:15 MEMORIAL SERVICE-GR 2:00 BALLOON TOSS - C 3:30 TRIVIA - C 6:30-7:30 LOUNGE GAMES-GR	6 8:30-9:30 MEN'S BREAKFAST-GR 10:30 WORD GAMES -C 2:00-3:00 HAPPY HOUR -GR	7 9:30 MUSIC FOR MEDITATION-GR 10:30-11:00 STRETCH AND STRENGTHEN WITH CINDY-GR 2:00-3:00 CHRISTIAN FAMILY MINISTRY CHURCH SERVICE-GR	
8 <i>DAYLIGHT SAVINGS TIME</i>	9 10:30 WORD GAMES WITH ERIKA - GR 1:30-2:30 VISITS WITH THE GRADE 4/5 CLASS FROM JOHN DEGRAFF -GR <b>SHAUNA ON VACATION</b>	10 11:15 BALLOON TOSS WITH CINDY-C 2:00-3:00 SING-A-LONG WITH CAL WOOKEY ON GUITAR -GR <b>SHAUNA ON VACATION</b>	11 2:00 FUN WITH TIME - TRIVIA AND TEA -GR 6:15-7:15 BINGO -GR <b>SHAUNA ON VACATION</b>	12 10:30-11:15 HYMN SING WITH LYNN -GR 2:00 TV MUSIC CONCERT & ICE CREAM FLOATS - C 6:30-7:30 LOUNGE GAMES-GR <b>SHAUNA ON VACATION</b>	13 11:15 TRIVIA WITH ERIKA -C 2:00-3:00 HAPPY HOUR -GR <b>SHAUNA ON VACATION</b>	14 <b>SHAUNA ON VACATION</b>	
15	16 10:00-10:30 FUN AND FITNESS -GR <b>SHAUNA OFF</b>	17 10:30 ST. PATTY'S GAMES -GR 2:00 -3:00 IRISH THEMED PUB -GR 6:30-7:30 IRISH TRAVELOGUE -GR <i>ST. PATRICK'S DAY</i> 	18 10:30 COFFEE AND REMINISCING - C 6:15-7:15 BINGO -GR	19 10:30 BAKING -C 2:00 BIRTHDAY CELEBRATIONS - C 3:30 FRIENDLY VISITS -C 6:30 LOUNGE GAMES-GR <i>FIRST DAY OF SPRING</i>	20 8:30-9:30 MEN'S BREAKFAST-GR 10:30 MANICURES -C 2:00-3:00 HAPPY HOUR -GR	21 10:30-11:15 ANGLICAN CHURCH SERVICE-GR 2:00-3:00 WORD GAMES WITH ERIKA -GR	
22	23 10:30 HYMN SING -C 2:00-3:00 A CONCERT BY THE MATCHSTALK MEN - GR	24 1:30-2:30 VISITS WITH THE GRADE 4/5 CLASS FROM JOHN DEGRAFF -GR 6:30-7:30 COFFEE NEWS-GR	25 10:30-11:15 TABLE HOCKEY-GR 2:00 NAME THAT TUNE-C 3:30 COFFEE AND SHORT STORIES-C 6:15-7:15 BINGO -GR	26 10:15-12:45 OUTING TO SMITTY'S FOR BRUNCH (PLEASE SEE SHAUNA FOR MORE INFO) AFTN- SHAUNA IN SUMMER PLANNING MEETING 6:30-7:30 LOUNGE GAMES-GR	27 8:30-9:30 MEN'S BREAKFAST-GR 10:30-11:15 ROMAN CATHOLIC MASS-GR 2:00-3:00 HAPPY HOUR WITH ENTERTAINMENT BY TOM MCDERMOTT-GR	28 <b>CINDY ON VACATION</b>	
29	30 10:00-10:30 FUN AND FITNESS -GR 10:30 BEAN BAG TOSS -C 2:30 WORD IN A WORD GAME - GR	31 2:00 SHUFFLEBOWL -GR 6:30-7:30 COFFEE NEWS -GR	Please Note : Blank spots are times that Shauna is providing one-to-one visits and/or preparing for upcoming programs. Shauna works an evening shift on Tuesdays.				-Programs scheduled in the Gathering Room are marked "-GR" -Programs scheduled on Courage Bay are marked "-C"