

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

Courage Bay Life Enrichment Calendar

			10:30 Rolling Across Canada - Giant Board Game-GR 2:00 Canada Day Celebrations -GR 6:30 Bingo -GR Canada Day 	10:00 Folding with Renee 1:30 Friendly Visits 2:00 Amazing Canadian Trivia and Facts 6:30 Canadian Travelogue -GR	10:00 Golf Bean Bag Toss with Michael 2:00 Happy Hour - Canadian Artists -GR Shauna Off	10:00 Lounge Games 10:30 Movement and Meditation -GR 1-2pm BBQ Ticket Sales @ Fireside Lounge 2:00 Crafters Corner -GR
10:30 Hymn Sing and Devotionals, Blessings -GR 1-2pm BBQ Ticket Sales @ Fireside Lounge 2:30 Ice Cream Social on the Patio	10:00 Manicures and Massages 11:00 Good News From Around The World 2:00 Lounge Games 6:30 Shuffle Bowling -GR <i>*Deadline for families to purchase BBQ tickets</i>	10:00 Buddy Reading with Michael 2:00 Entertainment by Rob Ivany -GR 6:30 Music and Memories - British Invasion-GR	10:30 Scattergories/Word Games -GR 2:00 Sing a Long with Renee 6:30 U of M Presentation on Humour and Sarcasm -GR Shauna Off	10:00 Creative Colouring 11:00 Who am I? Trivia 2:00 Baking 6:30 Celebrity Bio - Sam Cooke -GR	10:00 Patio Time 11:00 Finish the Line 2:00 Happy Hour - Outlaw Country Music -GR	10:30 Fun and Fitness-GR 2:00 Rhythm and Voice - Drumming with Doug -GR 2:00 Shake Awake Your Taste - Reminiscing Game with Renee Shauna Off
9:45 Walk & Talk with Michael 10:30 Balloon Toss with Michael 3:00 Anglican Church Service with Reverend Wilson -GR Shauna Off	10:00 Home keepers Club 11:00 Jokes and Riddles 1:30 Friendly Visits	10:30 Music and Memories -GR 2:00 Target Toss 3:00 Spiritual 1:1's	10:30 Bread & Butter Tales -GR 2:00 Cards and Board Games	10:30 Elder and Family Council Meeting -GR 2:00 Bingo-GR 2:00 The Nose Knows!	10:00 Sing a Long with Michael 2:00 Happy Hour - Motown Hits -GR Shauna Off	10:30 Drum Fit Exercises -GR Afternoon - Ice Cream Cart to the Neighbourhoods
10:30 Hymn Sing and Devotionals, Rejoice in the Lord -GR 2:00 Crafters Corner	10:30 Twister Bean Bag Toss -GR 10:30 Creative Colouring with Michael 2:00 Travelogue to the Philippines	10:30 Powermine Ministries Church Service -GR Aftn - Set Up for the BBQ 5:30 Courage Bay Neighbourhood BBQ (see poster for info)	10:00 Manicures with Nnenna 2:00 Popsicles on the Patio with Renee 6:30 Bingo-GR Shauna Off	10:00 Canada or the US Trivia Game 11:00 Walk and Talk 2:00 Chair Exercises 3:00 Coffee and Conversation	10:30 Golf Putting Game on the Patio 2:00 Happy Hour - Cover Songs -GR	10:30 Fun and Fitness-GR 2:00 Reminiscing About Beach Days with Renee Shauna Off
10:30 Hymn Sing and Devotionals- Heavenly Spirit -GR 2:00 Lemonade and Patio Visits with Michael Shauna Off	10:30 Outing to Prairie's Edge (see Life Enrichment for more info / to sign up) 10:30 Short Stories with Nnenna 6:30 The Price Is Right -GR	10:00 High Rollers 11:00 Jokes and Riddles 2:00 Guess the Sound 6:30 Name That Tune -GR	10:00 Hymn Sing and Devotionals 11:00 Walk and Talk 2:00 Ice Cream on the Patio 6:30 Bingo -GR	10:00 Baking with Renee 2:00 Birthday Celebrations 6:30 Music and Memories, Remembering Live Aid '85 -GR	9:00 Calendar Visits 10:30 Sing a Long with Michael 2:00 Happy Hour - 50's and 60's Tunes -GR Shauna Off	

*Programs take place on Courage unless otherwise stated GR=Gathering Room *Programs and/or program times subject to change *1:1 visits take place outside of program times