

# WESTERN CANADA MENU SPRING/SUMMER 2017

## WEEK 1

WESTERN CANADA MENU SPRING/SUMMER 2017								
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		May-1, May-22, Jun-12, Jul-3, Jul-24, Aug-14, Sep-4, Sep-25	May-2, May-23, Jun-13, Jul-4, Jul-25, Aug-15, Sep-5, Sep-26	May-3, May-24, Jun-14, Jul-5, Jul-26, Aug-16, Sep-6, Sep-27	May-4, May-25, Jun-15, Jul-6, Jul-27, Aug-17, Sep-7, Sep-28	May-5, May-26, Jun-16, Jul-7, Jul-28, Aug-18, Sep-8, Sep-29	May-6, May-27, Jun-17, Jul-8, Jul-29, Aug-19, Sep-9, Sep-30	May-7, May-28, Jun-18, Jul-9, Jul-30, Aug-20, Sep-10, Oct-1
BREAKFAST		RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST
BREAKFAST		Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Bacon Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt	Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/Sausage Fruit/Yogurt
LUNCH		Potato Dill Soup  Cheeseburger on a Bun  Bean Salad	Cream of Tomato Rice Soup Grilled Cheese & Bacon Sandwich Pickled Beet Salad	Beef Noodle Soup  Cod Nuggets Home Fries Creamy Coleslaw	Chicken Vegetable Soup  Wieners and Beans  Cornbread	Spring Borscht Soup  Three Cheese Perogies with Sour Cream Polish Sausage Sauerkraut	Cream of Leek Soup  Quiche Lorraine Sunrise Mixed Vegetables	Vegetable Soup  Chicken Nuggets/Plum Sauce Grilled Hash Browns Cucumber Salad
LUNCH		Watermelon OR Assorted Sandwiches	Diced Pear OR Assorted Sandwiches	Mango OR Assorted Sandwiches	Diced Peaches OR Assorted Sandwiches	Fruit Cocktail OR Assorted Sandwiches	Mandarin Oranges OR Assorted Sandwiches	Mixed Berries OR Assorted Sandwiches
PM		Angel Cookie Beverage as Requested	Zucchini Loaf Beverage as Requested	Fig Newton Cookie Beverage as Requested	Apple Turnover Beverage as Requested	Oatmeal Chocolate Chip Cookie Beverage as Requested	Turnover Cookie Beverage as Requested	Baked Assortment Beverage as Requested
DINNER		Turkey Steakette Garlic Mashed Potatoes Buttered Corn	BBQ Ribette Oven Browned Potatoes Cauliflower & Broccoli	Montreal Seasoned Chicken Thigh Rice Pilaf Green Beans	Baked Ham Scalloped Potatoes Pick Of The Day Vegetable Blend	Greek Style Chicken Breast  Parsley Potato Peas	Meat Lasagna Garlic Toast Italian Mixed Vegetables	Pork Roast/Gravy Mashed Potatoes California Mixed Vegetables
DINNER		Brownie OR Baked Fish	Ice Cream OR Veal Parmesan	Cherry Tart OR Pork & Cheese Meatballs Spanish Sauce	Coconut Cream Pie OR Turkey Schnitzel	Coffee Cake OR Fabulous Fish Fillet	Jell-O/Whipped Topping OR Oktoberfest Sausage	Strawberry Rhubarb Pie OR Salisbury Steak with Fried Onions
HS		Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested

(250 ML OF MILK AT BREAKFAST = 125ML IN CEREAL AND 125ML TO DRINK) (PEANUT BUTTER 30mL OFFERED WITH BREAKFAST DAILY) (SIDE SALAD 125mL WITH DRESSING IS OFFERED AT DINNER)  
 1 SLICE BREAD (4 CRACKERS) AND MARGARINE SERVED WITH LUNCH AND DINNER (AT LUNCH ALT. MEAL SERVED WITH FIRST CHOICE VEG) UNLESS NOTED

**MILK (3.5 CUPS / 875 ML) PLUS TEA OR COFFEE SERVED AT BREAKFAST, LUNCH, DINNER AND SNACKS (AT DINNER ALT. MEAL SERVED WITH FIRST CHOICE STARCH AND VEG) UNLESS NOTED**